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LOU REED, 1942-2013: REMEMBERING A NEW YORK CITY LEGEND

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Meat cleaver used in murder of mom, kids

Unconscionable crime. Mingdong Chen, 25, was arrested yesterday and charged with five counts of murder for killing four children under the age of 10 and their mother in Sunset Park, Brooklyn. **Seeing green?** The New York Police Department is still searching for clues as to Chen's motives, but said that the Chinese immigrant complained that since he moved to the United States, everyone he knows has been doing better than him. PAGE 02

Texting in class to be praised?

PAGES 14-15



TV portrays bipolar to the extreme

PAGE 21



Jets crushed by Bengals in laughter

PAGE 28



Turning the tide

PAGE 02

Marchers walked from the Rockaways, Coney Island and Staten Island to call attention to the plight of people still trying to recover from superstorm Sandy. / EMILY JOHNSON, METRO

1

NEWS

Police arrest cousin in deaths of four children

'Unspeakable.' Mingdong Chen was charged in the death of four children and their mother.

The highest-ranking uniformed member of the NYPD, Chief of Department Philip Banks III, spoke plainly on Sunday of the horror that police faced late Saturday night when officers responded to a stabbing in Brooklyn.

Responding officers arrived to find four young children and their mother "cut and butchered" in their Sunset Park home, Banks said.

"It's just a scene that you'll never forget," Banks said. He called the killing "an unspeakable act."

The youngest child was 18 months old, the

Not too sane?

Fact-finding

Chief Banks said the NYPD does not know if Chen had a documented history of mental illness. "But we believe if you commit such an act like

this, you cannot be too sane," Banks said.

Chen's last known address is in Chicago, and NYPD spokesman John McCarthy said police are unsure if he was visiting his cousin or if

Chen recently moved to the city. McCarthy said Chen arrived in the city about eight to 10 days ago. As far as police know at this point, Chen had no prior arrests.

2004. Banks declined to say if he was in the country illegally. Officers have been assisting detectives with translation, Banks said.

Police said Chen stabbed his cousin's wife and four children while his cousin was at work.

Officers found Qiao Zhen Li, 37, with multiple stab wounds to her upper body around 10:44 p.m. in the 57th Street home. Her four children had similar injuries to varying extents.

Linda, 9; Amy, 7; and William, 1, were pronounced dead at the scene, police said. Banks said their wounds were located primarily around the neck and upper torso.

Li and her 5-year-old son, Kevin, were rushed to nearby hospitals where they were pronounced dead.

Horrific scene

"They bang on the door and bang on the door. At some point, [Chen] opens the door and they see that he's covered in blood."

Philip Banks

eldest 9 years old. Banks said the were "the victims of a horrific act by a family member."

Their father's cousin, 25-year-old Mingdong Chen, was charged on

Sunday with one count of murder in the first degree and four counts of murder in the second degree.

A meat cleaver was found at the scene, and Banks said Chen made statements "alluding to his participation in this attack" and that he had used the meat cleaver "to commit this act."

Chen was photographed Saturday night barefoot, with his feet smeared with blood, being led from the scene.

Banks said Chen was also charged with assaulting an officer at the 66th

Precinct, as well as resisting arrest and five counts of criminal possession of a weapon. Chen reportedly attacked the officer processing his arrest.

The NYPD is now working to figure out what Chen's motive might have been, Banks said.

The police chief said Chen made vague statements to officers that "since he's been in this country, everybody's been doing better than him."

Chen only speaks Mandarin and came to the U.S. from China in

Top 3

What's trending online at Metro.us

1 VIDEO: Motorist drives car down Art Museum's 'Rocky' steps'

2 PHOTOS: Halloween pet costumes you will love'

3 VIDEO: Dog escapes death by elevator'

Quoted

"Today, we are joining together to call on the Campaign Finance Board to reschedule Tuesday's debate to Wednesday."

A joint statement by Bill de Blasio and Joe Lhota calling on the Campaign Finance Board to move tomorrow night's debate because of the anniversary of superstorm Sandy.

Sandy recovery at heart of march

When Goldi Guerra set off on foot for City Hall from Staten Island yesterday morning, carrying his guitar and traveling by foot, it was just him, a couple of friends and, he estimates, about 20 cops.

But by the time he had finished making his way through Cedar Grove and Midland Beach to board the Staten Island Ferry — and bid farewell to their police escort — the number of marchers had swelled to several dozen.

And as they marched, people told stories.

Occupy Sandy volunteer Guerra and his small band of Staten Islanders were just one of many groups marking the one-year anniversary of superstorm Sandy with the March to Turn the Tide.

The march, which saw groups walking, biking, and busing to City Hall from all five boroughs, was organized by a coalition of individuals and



Marchers walked from different parts of the city impacted by Sandy to City Hall. / EMILY JOHNSON

Fighting spirit

"The basic gist of every story I heard is: 'We haven't gotten much help from the government, but we're still here.'"

Goldi Guerra

organizations and meant to serve as a reminder that rebuilding is far from over.

"We're here to mark the one-year anniversary and to call attention to the people who are still hurting, and to promote

a just rebuilding," said Pat Almonrode, a member of climate change group 350.org, at the City Hall rally that followed the march.

Hundreds had gathered just across from the Brooklyn Bridge, waving signs emblazoned with the words "One year later: Broken promises" and "Sandy survivors deserve healthy homes."

Sheryl Braxton of Community Voices Heard spoke to the crowd about dangerous conditions in public housing that have persisted since the storm hit. City Council member Carlos Menchaca addressed the resulting mold crisis.

Albert Carcatera, 18, of Rockaway Park, said the city needed to do more to support his battered community.

"We put in a lot of work helping people out, but things still aren't right," he said.

EMILY JOHNSON



DANIELLE TCHOLAKIAN
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LOOK WHAT'S HAPPENING!

3 new york Monday, October 28, 2013

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Subway chronicles

Suicidal woman loses leg on the tracks: Police

A woman's leg was severed by a passing train during an apparent suicide attempt in Brooklyn on Saturday afternoon, according to officials.

The 29-year-old woman, who was not otherwise identified, was



A woman was hit by the J train Saturday. / METRO ARCHIVE

walking on the roadbed of the elevated tracks at the Gates Avenue station in Bedford-Stuyvesant

around 2:50 p.m. when a passing northbound J train struck her, police said. The woman's left

leg up to her knee was severed, the fire department said. She also had a fracture in her right ankle. She was then taken to Brookdale Hospital in stable condition.

Police said that it appeared the woman was trying to commit suicide.

People have lost legs in at least three other subway accidents this year. **ANNA SANDERS**



Avonte Oquendo went missing more than three weeks ago. / BESS ADLER, METRO

Police ask public to keep looking for Oquendo

Search continues.

The NYPD says they haven't given up on finding the missing autistic boy.

site in Long Island City where Avonte was last seen, despite the fact that the press conference was called at least in part due to a murder that occurred in Brooklyn late Saturday.

Banks emphasized that the police search is still on.

"We are continuing our efforts to find this young man and to bring him home to his family," Banks said.

He pressed the importance of the public's assistance in the search as well.

"We have eight million people in the city," Banks said. "We want to get as many eyes as possible in the hopes of finding this young man."

Police Commissioner Ray Kelly suggested last week that the NYPD was going to scale back their search for missing 14-year-old Avonte Oquendo. But yesterday, it appeared that the NYPD was eager to make it known that they were by no means giving up.

Oquendo is autistic and cannot speak. He went missing from his school in Queens on Oct. 4.

Chief of Police Philip Banks III pointedly held a press conference at the



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NYPD resources

Police resources involved in the search include aviation, K-9 officer and daily foot patrols of the Long Island City area where Oquendo went missing. The harbor unit is also involved.

- The NYPD are still continuing to do sweeps of the transit system as well, Banks said. Oquendo is autistic and had a fascination with trains and the subway.



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GETTY IMAGES

Scary pooches at Halloween parade

Dogs and owners participated in the 23rd annual Tompkins Square Halloween Dog Parade Saturday. It is the largest dog parade in the country, with hundreds of participants and thousands of spectators overrunning the East Village park. **METRO**



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Cuomo: State to create emergency gas reserve

Gassed up. The governor wants to prepare in case of another Sandy.

New York will keep three million gallons of gasoline in reserve to safeguard against shortages, Gov. Andrew Cuomo announced on Saturday — almost a year since Hurricane Sandy caused long lines and short tempers at gas stations.

The \$10 million pilot program, the Strategic Gasoline Reserve, will be the first state gasoline reserve in the country. It is the latest step in New York state's Fuel NY initiative, which launched in June in response to the Sandy shortages, which saw many gas stations close due to lack of power and fuel.



New Yorkers line up for gas after Sandy hit the city last year. / GETTY IMAGES

Leading the way

"New York state is leading the nation with the creation of our first Strategic Gasoline Reserve."

Cuomo

The supply will be held in Long Island. It will provide fuel for first responders and motorists in the event of another disaster.

"The gap in gasoline supplies during super-storm Sandy was incredibly disruptive to the daily routines of New Yorkers

who needed to get to school and work as well as the operations of businesses during an already difficult time," Cuomo said.

EMILY JOHNSON
letters@metro.us

P-TECH. Obama lauds NY education reform at Brooklyn school

A helicopter carrying President Barack Obama touched down in Prospect Park Friday, as local Brooklyn politicians and educators gathered at Pathways in Technology Early College High School in Crown Heights in anticipation of his visit.

P-TECH is a public high school where students take high school and college-level classes and graduate after six years with both a high school degree and a

diploma.

In his speech at the school, the president commended Governor Andrew Cuomo for opening schools like P-TECH statewide, and hailed Bloomberg as having been "an extraordinary mayor for this city."

The president also gave a shout-out to the city's Democratic candidate for mayor, who he referred to as "my friend, Bill de Blasio."

DANIELLE TCHOLAKIAN

Under investigation

Man shot in car execution-style in east Brooklyn

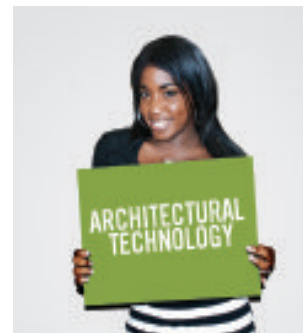
A man was shot execution-style in a car yesterday, police said. Officers found

Schriff Williams, 38, slumped in the driver's of a Range Rover with a gunshot wound to the head on Linden Boulevard in East New York.

He was pronounced dead at the scene.

ANNA SANDERS

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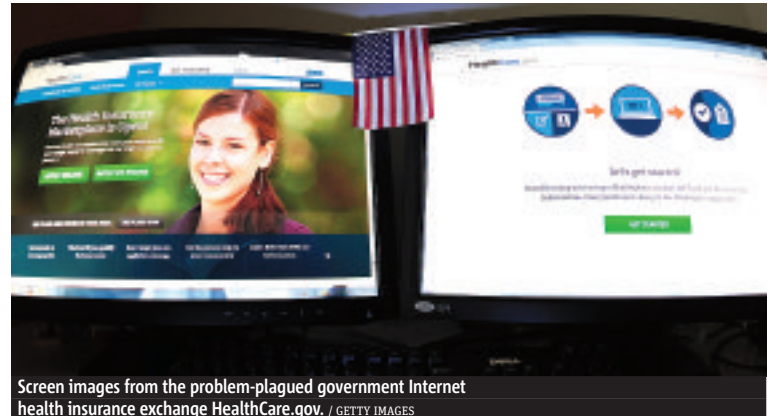
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Key official faces lawmakers over website glitches



Screen images from the problem-plagued government Internet health insurance exchange HealthCare.gov. / GETTY IMAGES

Snafus. Congress members on both sides are growing impatient with the Obamacare site.

Website issues

After tough week, White House buys time for fix

President Obama promised that his health care website was just weeks away from a cure as he struggled to convince

Americans that he is on top of what has become a self-inflicted wound to his signature first-term achievement.

His administration unveiled a plan on Friday to make insurance marketplaces on HealthCare.gov work better by the end of November.

Quoted

"We expect her to be forthcoming. We think she'll be a very serious witness, and she's certainly integral."

A committee aide

Two months before the troubled Oct. 1 launch of Obamacare exchanges, a key administration official overseeing the program assured a congressional oversight panel that work was on track to roll out a tested website that would make it easy for Americans to enroll in affordable health insurance coverage.

"This is a large and complicated endeavor that I am proud to lead, and every decision is being made by my prior work experience," Marilyn Tavenner testified on Aug. 1 before the House of Representatives Energy and Commerce Committee, describing the launch of the HealthCare.gov website.

Come tomorrow, the former nurse who heads

the U.S. Centers for Medicare and Medicaid Services will again find herself before a House committee — this time, to explain how HealthCare.gov failed when the administration flipped the on switch.

Tavenner will face Re-

publicans eager to prove, thus far unsuccessfully, that the White House orchestrated decisions that may have stalled the system.

Tavenner's scheduled testimony before the House Ways and Means Committee is expected to offer insight into the decision-making. A key player, she was cleared to visit the White House 425 times between December 2009 and June 2013, including for several meetings with Obama himself, visitor logs show.

REUTERS

Health insurance

Sebelius finds a silver lining in Obamacare 'data hub'

The U.S. Health and Human Services Secretary Kathleen Sebelius, besieged by bad news about the new government health care

website, sought this weekend to highlight a portion of the complex system that she said is working well.

In an upbeat blog post on Saturday, Sebelius released statistics to illustrate the volume of interest in the Affordable Care Act, or Obamacare, and

the speed of the "data hub," one piece of the complex system behind HealthCare.gov.

Sebelius praised the performance of the data hub, which connects to the Social Security Administration and Internal Revenue Service to verify applicants' identity and income.

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The late Lou Reed is pictured here performing in Amsterdam in 1974. / GJSBERT HANEKROOT, REDFERNS

Lou Reed dead at the age of 71

Glam rock. The artist took us for a "Walk on the Wild Side" in the 1970s.

Lou Reed was reported dead at the age of 71 yesterday due to complications from a liver-related ailment.

The singer and guitarist first attracted attention in the late '60s as the leader of the Velvet Underground, a group that began as an Andy Warhol project, which combined a sense of the avant-garde with pop music. With Reed's poetic lyrics and the band's always experimental (and sometimes dissonant) approach, they arguably serve as the starting point for alternative rock.

Though the Velvet Un-

derground were not commercially successful, their influence was widespread, and they were inducted into the Rock and Roll Hall of Fame in 1996.

Reed went on to collaborate with David Bowie in the '70s, finding chart success with "Walk on the Wild Side" and carving out a niche for himself in the glam rock movement.

But as an artist, Reed was never content to compromise or even do what his growing fanbase expected. Over the years he released many albums that listeners and critics alike had difficulty with, but for every unexpected left turn his muse took, Reed remained a figurehead for the movement he started and his tours were successful. He also stayed invested in the arts until his death, mentoring younger artists

Cover versions

- His legacy will live on in the songs he has left behind, in his own magnificent versions and in cover versions by the likes of U2, Joy Division, Nirvana and David Bowie.

and even recently writing a review of Kanye West's "Yezus" on The Talkhouse.

For a time, Reed was infamous for his substance abuse, but he had cleaned up in his later years, finding new inspiration in tai chi and his third wife, artist Laurie Anderson.

He underwent a liver transplant earlier this year.



PAT HEALY
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German paper. Obama aware of spying on Merkel since 2010

A German newspaper said yesterday that U.S. President Barack Obama knew his intelligence service was eavesdropping on Angela Merkel as long ago as 2010, contradicting reports that he had told the German leader he did not know.

Germany received information this week that the U.S. National Security Agency had

bugged Merkel's mobile phone, prompting Berlin to summon the U.S. ambassador, a move unprecedented in post-war relations between the close allies.

The NSA denied that Obama had been informed about the operation by the NSA chief in 2010, as reported by the German newspaper.

REUTERS



Merkel / GETTY IMAGES



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New TV network fuses news, satirical views for young Hispanics

Language. The channel will test the market for TV news for Hispanics, but delivered in English.

ABC and Spanish language media company Univision Communications Inc., Fusion will blend hard news, satire and pop culture to do something other cable news networks have largely failed to do: lure "millennial" viewers ages 18 to 34.

The target demographic for the new English-language channel is several decades younger than the audiences for CNN, MSNBC and Fox News, which pull in viewers with a median age of 60 or higher, according to media research company Nielsen.

A joint venture between Walt Disney Co.'s

executives say they hope the network will appeal more broadly and promise a diverse perspective. Some of its programming will feature a heavy dose of humor, a bid for viewers who keep up with current events through shows like "The Daily Show with Jon Stewart." **REUTERS**

The start 20M

Fusion will start in 20 million homes, a fraction of CNN's 99 million, with a goal of reaching 60 million within five years, ABC News President Ben Sherwood said.

Hallelujah! Pope celebrates 10 million Twitter followers

A jubilant Pope Francis celebrated reaching 10 million followers on messaging site Twitter yesterday, a milestone in the Vatican's drive to spread the gospel through social media.

"Dear Followers I understand there are now over 10 million of you!" the pontiff wrote on his nine accounts, which publish simultaneously in languages including Latin, Polish and Arabic.

"I thank you with all my heart and ask you to continue praying for me."

The first non-European pope in 1,300 years has tripled the number of followers of the @pontifex handles since succeeding Benedict XVI in March, according to the Vatican, which announced Francis had reached 10 million after adding together the followers of all his accounts. **REUTERS**



The Vatican has long been interested in using the latest technologies to keep in touch with the world's 1.2 billion Catholics and spread the faith. / TWITTER

Survey

Lost dentures, loose eyeball among sick-day excuses

A heavy turkey dinner caused one worker to sleep through his shift. Another said his false

teeth flew out the car window as he was driving along the highway.

These were just two of the imaginative excuses employees gave bosses when calling in sick last year, according to a study released last week by CareerBuilder, the jobs

website.

Nearly a third of the 5,500 workers and managers who took part in the online survey admitted to taking sick days when they were not in fact ill, which experts said costs businesses money. **REUTERS**



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Jersey Shore dunes top Christie's list a year after Sandy



The Star Jet roller coaster collapsed from the forces of superstorm Sandy in Seaside Heights, N.J. / GETTY IMAGES

Wrath. Hurricane Sandy made landfall near Atlantic City and killed 38 people in New Jersey.

Gov. Chris Christie, saying Hurricane Sandy has framed his political future, said New Jersey won't be ready to withstand another such beating until after storm-surge barriers are built along its Atlantic coastline.

Marking Sandy's anniversary, Christie said in an interview that the Oct. 29 storm has defined his first term and shaped his bid

for re-election. Christie also said he hopes to see the Jersey Shore, the largest piece of a \$40 billion-a-year tourism industry, return to pre-storm levels by next summer.

"Going to the Shore over the summer and seeing so many people who came back and wanted to be supportive of what was going on down there was a real high point for me and I think for our efforts," the governor, 51, said during the interview.

Christie has pledged to use "every tool" at his disposal to force beachfront property owners to allow construction of artificial dunes along the shore. The surf-blocking sand

proved crucial during the storm, which damaged or destroyed 346,000 homes. Where barriers were present, flooding and surge destruction was minimal, yet some residents have resisted, citing property rights and impaired water views. "Those dune systems aren't done yet," Christie said in his Trenton office. "We're kind of hoping against hope." **BLOOMBERG**

Quoted

"By next hurricane season, we will be stronger than we were in October of 2012." Christie

School violence

Two held in stabbing at Indiana University

Police arrested two men yesterday following a stabbing outside a student apartment complex at Indiana University in Bloomington that prompted a campus-wide alert and a search for the suspects, the university said.

The university later lifted the campus alert. **REUTERS**

Hawaii. Lawmakers to hold special session on same-sex marriage

Hawaii, which had a pioneering role in the acceptance of same-sex marriage in the United States two decades ago, could become the 15th state to extend marriage rights to gay couples when state lawmakers meet this week for a special session.

Gov. Neil Abercrombie, a Democrat, has called the session to start today to debate a bill

that would legalize same-sex marriage.

"I think Hawaii has always celebrated its sense of Aloha for one another," Abercrombie said in a telephone interview. "This is a question of equity."

In 1993, the Hawaii Supreme Court ruled it was discriminatory to deny marriage rights to same-sex couples. **REUTERS**

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Wall Street's big love affair with Facebook hinges on mobile ads

Social media.

Investors wait with baited breath and high expectations for the third quarter results.

Facebook Inc. finally earned Wall Street's love in the second quarter. Now it needs to make the relationship last.

Its shares have doubled in just the last three months, buoyed by an increasing belief among investors that Facebook has finally struck a winning formula in mobile advertising.

But expectations will be high when the world's No. 1 online social network reports third-quarter results on Wednesday, meaning the world's largest social

network will have to handily beat Wall Street targets to maintain its lofty trajectory.

Revenue from mobile advertising will be the center of attention.

Wall Street analysts expect Facebook to grow its mobile revenue at least five-fold from the year-ago period, with many "official" estimates ranging between \$760 million and \$840 million.

"What I've been telling folks is that, in general, \$850 million-plus is the number that's needed, maybe even \$900 million-plus," said Ben Schachter, an analyst with Macquarie Research, whose own estimate calls for \$836 million in mobile ad revenue.

Facebook has regained Wall Street's confidence since a rocky IPO that left its shares languishing un-

Quoted

"They've got to prove to investors that they can continue with the growth they demonstrated from the last quarter."

Bob Bacarella, portfolio manager of the Monetta Fund

der their offering price for more than a year.

Along with Google Inc., and soon-to-IPO Twitter, Facebook is now considered one of the Internet companies best positioned to benefit from the shift to mobile advertising.

The "newsfeed" ads that Facebook has introduced over the past year inject marketing messages straight into a user's stream of news and content. **REUTERS**

Avoiding chaos

Learning from Facebook fiasco, NYSE runs Twitter IPO test

The New York Stock Exchange on Saturday did a test run of Twitter's highly anticipated market debut, as it seeks to avoid the types of problems that plagued Facebook's initial public offering on rival Nasdaq.

The Big Board, run by NYSE Euronext, regularly does systems testing on the weekends, but this was the first time it had run a simulated IPO, and it did so at the request of its member firms.

The NYSE was testing mainly for two things: to see if its systems could handle the amount of message traffic that might be generated by the IPO; and to make sure that once the IPO took place any firms that placed orders would promptly receive the reports telling them that their orders had been executed.

It can also be seen as



A Twitter tweet in March announced the company's planned IPO. / GETTY IMAGES

By the numbers

70M

Twitter, which intends to sell 70 million shares at between \$17 and \$20 each, will be holding the biggest Internet IPO since Facebook, which sold a much larger 421 million shares at \$38 each.

part of NYSE's struggle with Nasdaq for supremacy in technology listings. Both exchanges vied to be home to Twitter's stock, and many analysts said the trading disruptions that occurred on Facebook's Nasdaq debut likely played to NYSE's favor. **REUTERS**

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New site gets students what they want: Free stuff

Swag. In exchange for social media attention, Sumpto doles out prizes.

It's almost a cliché: College students rarely step into the world without something festooned with the logo for Greek life, a favorite college sports team or sweatpants with their college letters stamped across the butt. A new social media program called Sumpto allows college students to collect sunglasses, beer pong kits and other college-y products in exchange for tweeting, Instagramming or posting on Facebook.

The site rewards students for being "influencers," and doles out products after filtering by gender, Greek affiliation



Sumpto engages a generation of students who prefer to learn about brands from their friends. / PROVIDED



Students appreciate the snacks for their late-night study sessions. PROVIDED

Quoted

"When college students get free stuff from companies they are interested in, they will post it on social media. By giving us cool stuff, I get the return that I need and I'll dedicate posts and pictures to do it."

CJ Ryan, noting that marketers are often confounded by the college student market, a valuable asset in marketing terms because students are making decisions about products on their own for the first time.

and other criteria. Keely Warren joined Sumpto as a freshman at East Carolina University so she could score a "Belle" Halloween costume for a discounted price. Warren has a relatively high Sumpto score of 40 and she says she puts in the time online to make it count.

"I've shared a lot of things on Facebook and Twitter; I've had people ask me about it, like, 'Is this real life?'" she says. "I try and claim as many rewards as I can because, really, who doesn't want free stuff?" This is a familiar trope to anyone who has ever witnessed a student stampede for free pizza.

CJ Ryan, a senior marketing major at Arizona State University is taking note of Sumpto's technique of social media sharing from a professional standpoint. He was

intrigued by Sumpto and sought out the company's 24-year-old founder Ben Kosinski for a summer internship.

"I think that the way that Ben is approaching social media marketing and word-of-mouth marketing is cool," he says.

Students aren't the only ones believing in the site. The company recently raised \$350,000 in investments to help expand. There are approximately 15,000 "influencers" using Sumpto, though they expect the number to tick upwards quickly in the coming weeks with a referral rewards program. Warren says that she has encouraged 178 people to use her referral link to sign up, and she's hoping to be in the running to win a bike or one of the larger rewards for the winners of the referral contest.

In the know

Marketing goes social

Whether the site creates zombie brand drones of college students or is a deft marketing strategy remains to be seen. Founder Ben Kosinski believes in the exceptionalism of the millennial generation, saying that those who grew up with Facebook and Twitter are capable of drowning out the sound of advertisers.

"We ignore media that is not coming from one of our friends and followers," he says. Regardless of what it means for the future of marketing, the hum of online activity has students showing off their gear loud and proud. In all caps, one student Tweeted: "anyone in college, join @sumpto now, you literally get free stuff just by using social media sites!"



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HIGHER EDUCATION

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Texting takes over



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A student taps away at her phone in a class with professor Audrey J. Murrell, who incorporates phones into her lessons.

COLLEGE OF BUSINESS ADMINISTRATION, U. OF PITTSBURGH

Report. Lots of students are on their phones during class, but it doesn't mean they can't learn.

A new report conducted by Barney McCoy, associate professor of broadcasting at the University of Nebraska at Lincoln, shows more than 90 percent of surveyed students admit to using mobile devices in class for unrelated activities.

The results of the report, published recently by the Journal of Media Edu-

cation, show that texting was the No. 1 activity for students on their phones in class, making educators create no-tech policies.

Dr. Aaron J. Moore, associate professor of journalism at Rider University, explains: "Texting took over the classroom to the point [that] if I continually had to keep asking students to stop texting, it would ruin the flow of class." In fact, Moore previously had a no-device classroom rule until it became too much to police.

He's at the point of thinking, "If you can't beat 'em, join 'em" — with a caveat, that is: Moore incor-

On the phone

What were students doing on their phones?

Texting: 86 percent

Checking the time: 79 percent

Emailing: 68 percent

Social networking: 66 percent

Web surfing: 38 percent

Gaming: 8 percent

Source: The Journal of Media Education

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the classroom

porated the devices as part of his curriculum. "I teach public relations classes so we do a lot of tweeting. We use hashtags and find examples of those using social media in tactical and successful ways. Live tweeting is like a laboratory in action. Students can also 'converse' with professionals when tweeting in classes. They can also tweet their friends — but that is worth the risk."

Audrey J. Murrell, associate dean and associate professor at the University of Pittsburgh's College of Business Administration, agrees with Moore's mindset.

Realizing mobile devices are here to stay, Murrell supports students using technology educationally. "A creative solution is to incorporate them into the classroom activities, thus giving [it] a purpose."

Murrell believes that focus is a big part of using the devices. "It's important to not simply take in the

One student who doesn't

"I don't text in class because I find it way too distracting. My professors go through the lecture really quickly and reading or sending even one short message inhibits my ability to take everything in. My professor last year had an anti-phone and anti-computer policy. If she saw you using electronics during class, she'd mark you absent for the day, which would hurt your participation grade."

Jillian Sandler,
Senior, Northwestern University

information, but to really understand what is being communicated in the classroom. This takes focus, and one's focus is divided while texting," she says. "Also, the impression you give to faculty and peers is part of your personal brand. Think about what it would mean to you if you were communicating something important and you saw the other person text."

Though he incorporates tweeting in class, Moore's students tarnish their "personal brand" if they are caught texting. In his syllabus he includes a professional grade. "If you text during class, I will drop your grade because it is not professional," he says. "It is disrespectful and annoying to talk to a class and have texting during it. Why would you antagonize the person who is responsible for giving you the grade?"

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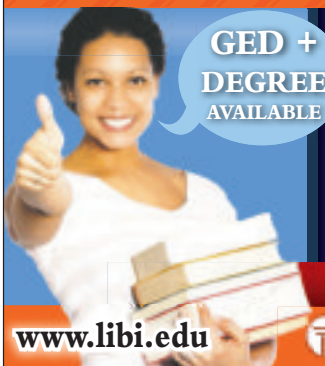


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CULTURE



Twitter feed

Today, the late Lou Reed is on the minds of many, including Questlove, Vampire Weekend's Rostam Batmanglij and Lenny Kravitz.

@questlove: Awww damn....Lou Reed died?

@matsoR: Lou Reed was maybe the first out songwriter.

@LennyKravitz: Lou, rest in peace on the wild side. #rip #loureed #mickrockphoto

Jon Cryer me a river

OK, maybe it's because I'm writing this while fighting a Halloween party-induced hangover of truly terrifying proportions, but when I read this item on TMZ I almost went all Chris Brown on my computer.

Jon Cryer (aka the dude that is not Charlie Sheen or Ashton Kutcher from "Two and a Half Men") is in a court battle with his ex-wife, who is asking for \$88,000 a month in child support. Because their son is apparently being humiliated at school. For being poor.

Cryer's ex, Sarah Trigger, is currently receiving \$8,000 a month, which is not enough to keep their son Charlie from being poor-shamed at his private school. For example, Charlie's friends get to go on "exotic vacations in the summer and winter, like Europe and Thailand." This kid Charlie, on the other hand, has to summer on, like, the Cape or something, like some common schmuck. Life is hard.

On the one hand, if my ex were raking in millions for a crappy, inexplicably popular sitcom I'd probably have my fat palm out too.

On the other hand, being embarrassed about being "poor" is not a claim



that should hold up in court. Or in life.

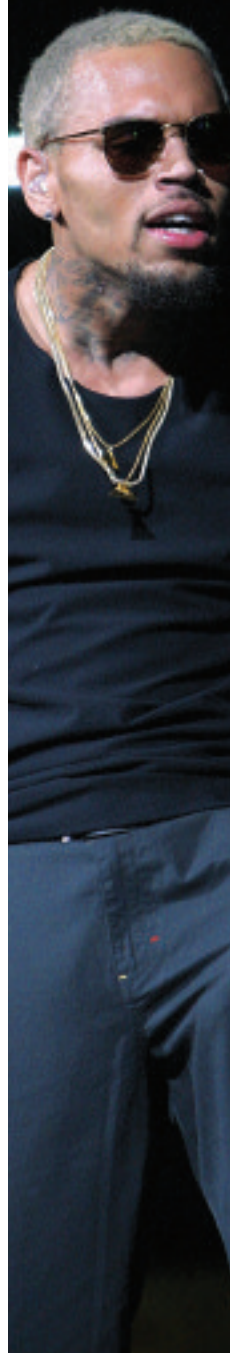
On a third hand, if this kid is actually being bullied for being middle class, that's a whole other issue. Sort of makes you yearn for the good old days, when kids were just stuffed into lockers for being nerds.

THE WORD

Alexandra Cavallo takes on the world of gossip.

ALEXANDRA CAVALLO
@AlexCavallo
alexandra.cavallo@metro.us

Chris Brown's felonious weekend



Never trust a dude with a throat tattoo, that's my policy. Or a dude who thinks it's OK to punch ladies in the face. Chris Brown fits both of those bills, which is why I guess I wasn't altogether surprised to learn that he was arrested yesterday morning for felony assault. This man is still on probation for using Rihanna as his personal punching bag, btw.

It seems that Breezy was posing for a picture with two female fans (the most shocking part of this story, for me, is that Chris Brown still has fans, female or otherwise) outside of his tour bus in D.C. when two dudes tried to photobomb the scene. Chris Brown did not like this. Chris Brown became angry, and you wouldn't like Chris Brown when he's angry.

Chris Brown expressed his displeasure like the reasonable fellow that he is by proceeding to repeatedly punch one of the men in the face. **USE YOUR WORDS, CHRIS BROWN.**

Not stopping at mere brute violence, Brown allegedly added literal insult to injury, throwing in a homophobic slur for good measure, telling the photobomber that he's not "into this gay s—."

Real cool, bro. Brown was arrested on the spot because, uh, when you're on probation for punching a lady in the face it's generally frowned upon to go around punching other people in the face. **USE YOUR WORDS, CHRIS BROWN.**

Julianne's blackface has people in a Hough

Oof. One good rule of thumb that I apply to my Halloween costumes, and to life in general, is this: Never go full blackface. Because, um, people tend to find that offensive. Black people find it offensive, white people find it offensive — most people find it offensive, unless they're jerks.

Julianne Hough did not get the blackface memo.

Another good rule of thumb — HEADS UP, CHRIS BROWN — is to not go around making bad decisions when you're a celebrity and know for a fact that, oh hey, there's a guy with a camera right over there.

Julianne Hough did not get that memo either. In a costume choice that was likely not meant to be inflammatory (she seems like a nice enough, if kind of vapid, chick) Hough dressed as the character Crazy Eyes from the Netflix series "Orange Is the New Black." Crazy Eyes is black. Julianne Hough is not. She has since apologized via Twitter.



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GETTY IMAGES

Lupita Nyong'o is hitting the ground running when it comes to her film career, making a startling and attention-grabbing debut as the mysterious, wild-eyed Patsey in "12 Years a Slave," a performance that's already earning a ton of awards speculation for the Nigerian actress. There are worse ways to start off.

When you get a shot at a role like this, in a film like this, with a director like this, what's your first reaction?

[Laughs] When I auditioned for this role, I was just about to graduate from Yale. After the audition it dawned on me — Brad Pitt is producing this film and Steve McQueen [is making it]. It was kind of like a slow realization of how major auditioning for this thing was.

How do you approach material as intense and visceral as this?

It was about being present. Patsey in the script is described as being "effortlessly sensual." In the book, Solomon says that Patsey "had an air of loftiness that neither

Next level

How much has your life changed?

Well, it's changed in one way. I get to wear really cool clothes. [Laughs] But I must say, I have such a good team of representatives, and they've been very good at preparing me for this at a reasonable pace. And I'm in such good company with the rest of the cast. I can learn from them how to do this part that I have no training for. They don't teach you this side of things in drama school.

labor nor lash could rid her of." I was reading James Baldwin's "The Fire Next Time," and I found this thing he says about sensuality. He says, "To be sensual, I think, is to rejoice in the force of life itself and to be present in everything that one does, from the effort of loving to the breaking of bread." And that was Patsey for me. That's what made her so sensual, the fact that

she was present. And she's present because she has this volatile master. She never knows what he's going to do next — what he's going to require or inflict. The humiliation and the heartbreak that I've been living, experiencing, will reveal itself.

Why do you think it took so many foreigners to give such an honest look at such an unspeakably

LUPITA NYONG'O

The actress's first big movie is "12 Years a Slave."

GET ON THE GOOD FOOT



horrific part of American history?

I don't think it was by design. I don't think Steve was like, "I don't want any Americans!" But at the same time America is made of immigrants. The African-American slaves came from Africa,

the white slave owners were Irish and German and English. So I don't think that highlighting our non-American-ness does the story any sort of favors or injustice. For me, as an actor, I feel like it is my job to portray things that are outside of myself,

to truthfully believe in circumstances that are not my own. Otherwise my career will be very short, playing some middle-class Kenyan. [Laughs]



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'Funeral in Berlin'

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James Bond wrought untold copycats in the '60s. Among the least shameless (and, fortunately, good) of this wave were the Harry Palmer films. Whereas "Dr. No" made Sean Connery a household name, these turned one Michael Caine from a rising star into a cemented fixture of the screen.

Three Palmer films were made in the mid-'60s, then two more for TV in the '90s. The second, 1966's "Funeral in Berlin," was even directed by a Bond director, Guy Hamilton, hot off that franchise's high watermark, "Goldfinger."

The thing was, the novels the producers turned to — by Len Deighton — aren't globe-trotting, sex-drenched, sometimes



Michael Caine and Eva Renzi nestle together in "Funeral in Berlin." / WARNER ARCHIVE

sadistic imperialist romps a la Ian Fleming's 007 series. Even with a Bond director at the helm, "Berlin" is relatively calm and relatively mature. In this installment, Caine's Palmer is sent to Germany to meet a Soviet colonel (Oskar Homolka) who's threatening to defect to the West. This brings him in contact with numerous Cold War adversaries, including an untrustworthy German national (Paul Hubschmid) and a sleek Israeli agent (Eva Renzi).

But there are no outlandish set pieces. Palmer's travels only take him to London and both sides of the Berlin Wall. East Berlin, needless to say, is very far from sexy. The overall mood is one of weary pessimism. As in the other two films — 1965's "The Ipcress File" and 1967's "Billion Dollar Brain" — Palmer is a cynical

working-class type coerced into low-paying government work. He rocks black-rimmed glasses and, in Caine's interpretation, a thick Cockney accent. He never smiles; in fact he wears a permanent expression of bored irritation.

Both "Ipcress" and "Brain" are sillier; the latter, directed by Ken Russell, killed the franchise dead with its ridiculousness. Things never get too nuts in "Berlin" though, which isn't a bad thing. It's closer in spirit to something like "The Spy Who Came in from the Cold," the grim 1966 film of John le Carre's novel that served as an anti-Bond antidote at a time of carefree spy romps. In that sense, "Berlin" is a more accurate presentation of a time when mainstream cinema tried to act like the Cold War was over, when in actuality it was far from it.



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Also out

'Byzantium'

Vampires, as we're constantly reminded, are way in these days. But for every "Twilight," there are about 10 vampire items no one pays attention to. One that fell through the cracks was the latest from Neil Jordan, who two decades ago hit pay dirt with "Interview with the Vampire." Going much more offbeat, "Byzantium" tells of a mother and daughter (Gemma Arterton and Saoirse Ronan) who've survived centuries into the modern day. Gory beheadings sit with wit and a spunky turn from Arterton, whose character opens a brothel to get by.



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Jackass Presents: Bad Grandpa. Jackson Nicoll, right, plays with Johnny Knoxville in "Bad Grandpa." SEAN CLIVER

Box office. 'Gravity' falls out of the sky

Prankster comedy "Jackass Presents: Bad Grandpa" kicked Sandra Bullock's 3-D space thriller "Gravity" from the top of weekend box office charts in North America, starting off with \$32 million in ticket sales over its first three days.

After three weeks in first place, "Gravity" slipped to the No. 2 slot with \$20.3 million. "Captain Phillips," starring Tom Hanks in the real-life story of a ship hijacked by Somali pirates, finished in third place, collecting

\$11.8 million.

Despite an A-list cast including Brad Pitt and Michael Fassbender, the crime drama "The Counselor" debuted further down the charts, in fourth place with \$8 million. Cameron Diaz and real-life spouses Javier Bardem and Penelope Cruz also star.

Horror remake "Carrie" brought in \$5.9 million to fall into sixth place, behind "Cloudy With a Chance of Meatballs 2," which came in fifth with \$6.1 million. **REUTERS**

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Though he's made '70s classics like "Fingers," Robert Downey Jr. films ("Two Girls and a Guy") and documentaries ("Tyson"), filmmaker James Toback hasn't had the easiest time getting projects off the ground. The documentary "Seduced and Abandoned," which hits HBO tonight, follows Toback and Alec Baldwin as they roam the 2012 Cannes Film Festival, trying to get a sex-filled drama set in Iraq off the ground. (Spoiler: It doesn't work.)

You didn't get the one film made, but you still wound up with a film. We had the uniquely pleasant experience knowing that even if it didn't work out, we had this movie that would come out of it. In effect it was two for the price of one, or one for the price of one. We wouldn't come out empty.

Is this film a reaction to having fallow periods, when you couldn't get anything made? I have enough experience over the years to know that "no" is a much more common answer than "yes." Over the years I can't count the number of times people have said, "This sounds great," then say, "I don't know; I'm not sure about that," then the next day say, "No." I've had conversations end where I had felt there was a commitment, and the next day they don't remember the conversation.

What's different today versus the past? You have to find the [dollar



JAMES TOBACK

The "Seduced and Abandoned" director talks about the difficulty of getting non-blockbusters made.

HUSTLE AND FLOW

amount] where people say, "I can't really get hurt." Because once they're saying, "That's a bit much for me," you know you're almost certainly not going to get it. There aren't a lot of bold people around anymore. Now you have this pathetically, grovelingly, frighten-

ingly cautious mentality that says the model is "I should always be covered. I want the money in my left pocket before I take it out of my right."



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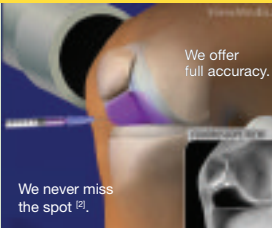
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COULD YOU HAVE BIPOLAR DISORDER?

I love "Homeland" and really identify with how the main character feels. Does that mean I could be bipolar?

It's important to distinguish between normal ups and downs and the debilitating highs and lows of bipolar disorder. Many mentally healthy people have mood swings. In a culture where happiness is considered a birthright, people are often quick to jump to the conclusion that something is wrong with them when they are not feeling 100 percent content at all times. But grief and sadness (and excitement and inspiration) are normal feelings.

Formerly known as manic depression, bipolar disorder is a potentially debilitating chemical imbalance in the brain characterized by periods of extreme ups and downs, and risky behaviors. According to the National Institute of Health, it affects approximately 5.7 million adult Americans, or about 2.6 percent of the U.S. population age 18 and older every year. Frequently misdiagnosed, as many as 20 percent of people complaining of depression to their doctor actually have bipolar disorder.

During the manic stage

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Kim Schneiderman's book "Step Out of Your Story: Writing Exercises to Reframe and Transform Your Life," is due to be published in the spring.



of the disorder, people experience what many describe as an intoxicating high and sense of euphoria. This high may give them the sense of invincibility that impairs their judgment, leading them to reckless behavior. They may also display pronounced agitation or irritation, inflated self-esteem, decreased need for sleep, hyperactivity, racing thoughts and poor temper control. Some even experi-

ence psychotic episodes and extreme paranoia. A person suffering from mania may seem barely recognizable to their loved ones.

Some individuals experience a milder form of mania known as hypomania. A departure from their baseline mood, they may suddenly appear unusually talkative, energetic, confident, assertive or creative, working on projects for days without sleep, or engaging in promiscuous behavior. Those with hypomania tend to function with less impairment in their lives, and are often mistaken for workaholics.

If you suspect that you might have bipolar disorder, consult a psychiatrist. To learn more, consult the National Institute of Health or the Mayo Clinic, both which offer excellent mental health resources.

— This column is not intended to be a substitute for a private consultation with a mental health professional, nor is this therapist liable for any actions taken as a result of this column. If you have concerns related to this column, make an appointment with a licensed mental health professional. Metro does not endorse the opinions of the author.



Carrie Mathison (played by Claire Danes) grapples with bipolar disorder on "Homeland." /KENT SMITH, SHOWTIME



PLUS

Sadness and suicide

Symptoms

Both manic and hypomanic types experience bouts of depression where they feel deep sadness, hopelessness and feelings of worthlessness. They may sleep too much or have trouble sleeping, eat too much or lose their appetite. They usually lose interest in socializing, sex or activities that once seemed pleasurable. Consequently, people with bipolar disorder are at an increased risk for suicide.



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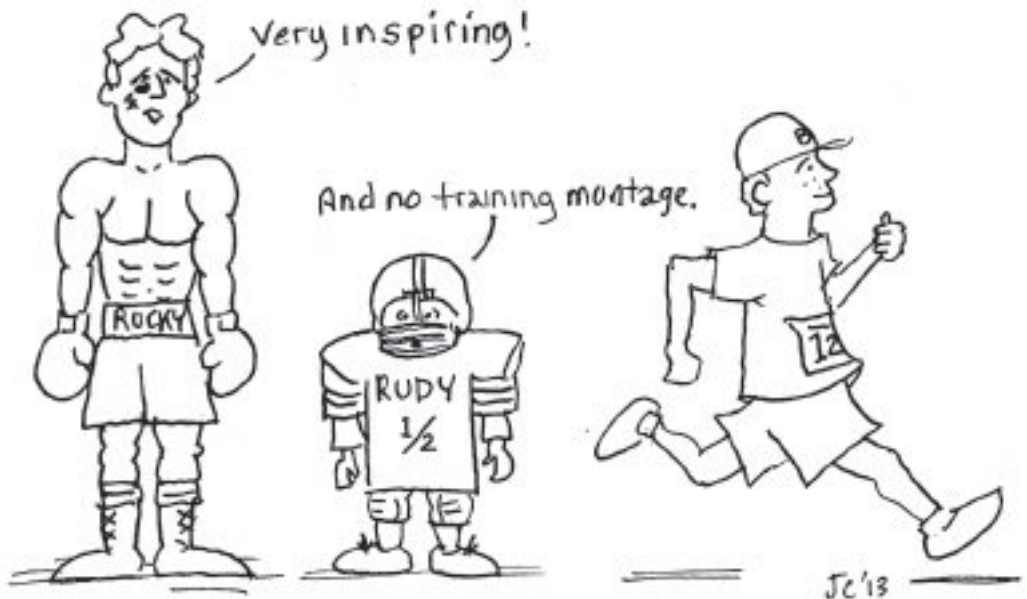
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BEHIND EVERY GREAT RUNNER IS A GREAT TRAINER



Well, the marathon is right around the corner, and I have to say I feel great. My physical condition is the best it's been in years and I feel confident about my ability to run the marathon. I wish I could say that I accomplished this all on my own, that when I won my spot into

the marathon I immediately went into a training routine usually reserved for Hollywood-invented characters like Rocky or Rudy (actually Rudy was a real person, but you get what I mean). I'd like to think I'd be one of those characters who takes on an impossible challenge,

trains hard on his own and eventually succeeds in the face of impossible odds to prove the human spirit can topple any adversity, all brought to life in an inspiring three-minute training montage. Well, I know myself. The montage would start with me training very hard, but

would end just as quickly with me limping the last 22 miles of the marathon, the human spirit being soundly defeated by procrastination and Pringles.

I owe a lot my newfound confidence and improved cardiovascular condition to the folks at the Run S.M.A.R.T. Project.

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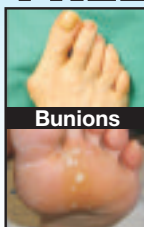
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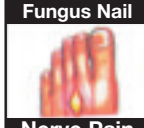
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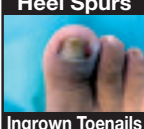
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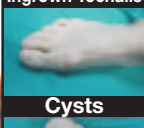
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After winning a lottery spot for the marathon, I set out to research marathon training programs. There were a lot out there, but I settled on the Run S.M.A.R.T. Project after hearing a presentation they gave this past summer. The presentation was put on by the New York Flyers running club, which brought on Run S.M.A.R.T. as its official training program after a lengthy interview process with a long list of candidates.

Brian Rosetti is the founder and head coach of the Run S.M.A.R.T. Project. He is also the coach assigned to my group of runners, one of four groups within the program. I've had many great talks about running with Brian over the last few months. He is really into it — I mean really into it. He started the company because he got into the science behind great running with the goal of maximizing the potential of any runner, regardless of skill level. Eventually he became affiliated with legendary running coach Dr. Jack Daniels. His program is heavily informed by Daniels' principles and he works closely with him on a regular basis.

I emailed Brian some questions about his program for this blog and his answers were long, detailed and passionate. Let me give you the Cliff-Notes version. Brian loves running. Brian loves the science that improves running. Brian loves to teach people how to run better.

Not everyone has to join a marathon training program. Some do train on their own and are quite successful. I just found it really worked for me. Another great thing about being part of a training team is the people you get

On the Run

JIM CARROLL

Jim Carroll has been a New Yorker for more than 15 years but is about to experience one of the most quintessential New York experiences for the first time: the ING NYC Marathon. Join him each week on his journey to the finish line on Nov. 3



to meet. New York, by its nature, draws motivated people from around the world who want to do something special. Now, imagine these people with the passion to take on a huge challenge like finishing a marathon, and you've got one interesting group. One of those people is Genevieve, a deeply devoted mother of two who works at the U.N. for a cause she is very passionate about. She is often called away to locations around the world at a moment's notice. With all of this, she still makes almost every group practice and puts in all her scheduled training miles, no matter what country she is in. Let's see Rudy do that!

Sometimes we meet people who are far more inspiring than any Hollywood invention. Both Genevieve and Brian exhibit the passion and commitment that makes New York City so special, and it's what I hope carries me to the finish line in six (!) days.

Running the marathon?

Get a good night's sleep beforehand — here's how

Heed this advice from Sleepy's.

1 Sleep a minimum of eight hours before the race.

2 Get your gear set out the night before the race. You've got enough to worry about, so don't let those details interfere with sleep. (It will also allow you to sleep an extra few minutes in the morning.)

3 Avoid caffeine the day before the race. Pre-race jitters are bad enough at reducing sleep.

4 Pre-race carb-loading? Don't go crazy. Going to bed on a very full stomach can impact your sleep. Start your carb-loading two to three days before Sunday as you decrease your running in preparation for the race.

5 Make sure your bedroom temperature is below 70 degrees (65 to 68). We need a decrease in core body temperature to sleep.

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Alcohol and men: Is your 'little habit' something more?



Buzzkill. You might not be an alcoholic, but that doesn't mean you're fully in the clear.

Those after-work drinks or game-day beers might not be as harmless as you think. According to Dr. Joji Suzuki, the medical director of Brigham & Women's Hospital's Addiction Psychiatry Service in Boston, many American men are at-risk drinkers.

Suzuki says there are three levels of drinkers: 1) Those who don't drink and are therefore not at risk, 2) Those who drink and are at risk and 3) Those who have alcohol dependency and need treatment.

The effects of alcoholism

Though alcoholism presents itself in many ways, someone extremely dependent on alcohol may drink every day and suffer withdrawal symptoms if he stops suddenly.

Liver cirrhosis or brain degeneration can also occur. Dr. Suzuki says that most men don't reach that point, though.

"You don't get cirrhosis at age 25, but if you keep it up, it catches up with you eventually."

Dr. Suzuki

If you're thinking, "I have a couple of beers on the weekend, what's the big deal?" don't stress. "An at-risk drinker is any male under 65 who drinks more than 14 drinks in one week and/or drinks more than four drinks in one session," says Suzuki.

Almost half of the male population — 40 percent — becomes an at-risk drinker at some point in their lives, "many during their college years," Suzuki says. They may or may not become alcoholics, but at-risk drinkers pose plenty of danger on their own.

"Hospitals are full of at-risk drinkers who have gotten into a car accident.

Also, falling over [is a big problem]: They break a leg or hit their head. Trauma units are required to screen for alcohol use. ... Many of these folks just keep coming back."

And the damage could spiral out to others.

"Alcohol leads to a lot of disinhibition and men say or do things they wouldn't normally do," Suzuki says, noting alcohol's heavy use as a date rape drug. "Every year, thousands of sexual assaults occur due to questionable consent after binge drinking."

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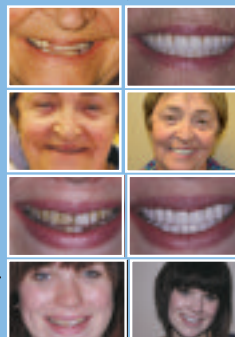
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HOW TO BOUNCE BACK

Millennials are starting their careers later in life due to the recession and have to work much harder than previous generations to recover. In a new study published by my company and PayScale.com, we found that baby boomers are more likely to have always lived on their own after starting their career than Gen X or Gen Y. In addition, the Georgetown University Center on Education and the Workforce reports that millennial workers are now 30 years old before hitting a median wage of \$42,000, which is up from 26 back in 1980. What this means is that millennials have to be creative with their approach to job-searching. Here are my Top 5 tips:

1 Do freelance projects between jobs so that you can actively develop your skills and build a portfolio that will prove your worth. Employers are more risk-averse these days, so the more



It's important to occasionally step away from the computer and attend industry events with people in your field. / GETTY IMAGES

Jobs Advice

DAN SCHAWBEL

DANSCHAWBEL.COM

Dan Schawbel is a Gen Y career expert, the founder of Millennial Branding and the author of *Me 2.0*.



evidence you can show them that you do the job better than anyone else, the better off you'll be.

2 Instead of submitting your résumé to a job

board, conduct a people search on LinkedIn to see who works at that company. Touch base directly to learn more and explore opportunities. People get jobs through

people — not systems. Cut through the clutter by connecting with hiring managers directly.

3 Create a website and do a targeted advertising campaign using Google AdWords or Facebook social ads. By doing this, your name and website will be right in front of the people that can hire you, and you'll stand out.

4 Attend industry networking events so that you can meet people. The strongest relationships (those that lead to jobs) are made in person.

5 Invest the time you spend job-searching into your own company so you can create your own income, gain experience and not have to worry about trying to break into a company. Being an entrepreneur will give you freedom, flexibility and ownership that most companies don't.



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Monday, October 28, 2013

JOBS 26

Are you a job-hopper?

Searching. There's nothing wrong with moving around.

In the course of your career, you'll meet a number of people who seem to constantly be finding, starting and leaving jobs. These job-hoppers can have a number of different motivations, so don't be too quick to "jump" to conclusions about their work ethic.

The High Achiever

This job-hopper's need to be at the top of the ladder is the main reason they constantly switch roles. They want to move up quickly in their industry, which means they're willing to take on roles that hold a higher level of responsibility and accountability. This could mean work-



Changing jobs is the new normal — what kind of job-hopper are you? / STOCKBYTE

ing with their employer to develop a career plan or switching employers completely in order to obtain a higher-level position. High achievers aren't scared to relocate, leave their current workplace or take on bigger challenges.

The Dissatisfied Searcher

The Dissatisfied Searcher is an employee who tends to wander before being able to settle down in their career. This may be because they aren't sure what type of career is for them, haven't developed the background needed for their ideal role or are looking for something that isn't available to them yet.

This type of job-hopper may have a harder time finding a role they're happy in, as they're always looking for something more.

The Got-To-Have-It Hopper

This hopper has to be up-to-date and in the know about new opportunities in their field. They are savvy to career opportunities that are out there and often apply to gigs that pique their interest. They enjoy applying to different jobs just to see where it could take them. This can mean a new career altogether! **MEGHAN GREAVES**

Typcasting

The Confident Mover

Opportunities that are a far drive or even flight away from home don't deter this job-hopper! They aren't afraid to relocate for an opportunity within their company or for a new employer.

This type of job-hopper tends to have the same traits as the high achiever, as they also have a strong drive to move up quickly in their company or industry. If this means packing their things and moving across the country, they're up for it!

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Horoscope

♏ Scorpio | Oct. 23-Nov. 21. Let emotional mishaps pass you by without getting upset. Mistakes happen, and you have too much going for you to let the little annoyances bother you.

♊ Sagittarius | Nov. 22-Dec. 21. Make sure you have a serviceable Plan B. Making a snap decision could confuse others, but it will bring you closer.

♐ Capricorn | Dec. 22-Jan. 20. Take on responsibility today. The more control you have, the less time you'll spend explaining what you want.

♒ Aquarius | Jan. 21-Feb. 18. Don't leave anything to chance. Take a close look around you. Emotions are likely to surface, and sudden, unexpected change will be necessary.

♓ Pisces | Feb. 19-March 20. Appreciate life. If you devote energy to projects and plans that entice you, you'll find a way to make extra money while having fun.

♈ Aries | March 21-April 20. Avoid making last-minute decisions. Unpredictability will help you avoid interference. Romance will improve your life.

♉ Taurus | April 21-May 21. Taking the proper precautions will ensure success. Refuse to let anyone stand in your way. Be prepared to pay for what you want — no debt, no worry.

♊ Gemini | May 22-June 20. Put love first and nurture the relationships that are most important to you. Fixing up your place will lead to compliments.

♋ Cancer | June 21-July 22. Sharing with people who think like you will help you flush out any aspect of an endeavor that has the potential to go wrong.

♌ Leo | July 23-Aug. 22. Make a decision based on your needs. You may not win, but you will find out where you stand, giving you added impetus and needed help to move on.

♍ Virgo | Aug. 23-Sept. 22. Greater participation will lead to friendships. Take pride in what you do. Someone will offer you something special.

♎ Libra | Sept. 23-Oct. 22. Don't get sidetracked, no matter what comes at you. Finish what's expected of you before someone complains. **BERNICE BEDE OSOL**

Sudoku: Easy and hard

				1	3		5	
7			9	5		6		
5					2		9	8
			2		8	9		6
				6				
4		8	7		5			
3	9		5					7
		6		2	7			9
	5		1	8				

	2	6			5	1		
9	7		3			4		2
							7	
6					4	7		
	5		1	2	3		6	
		9	7					4
	9							
5		4			9		3	7
		1	5			6	4	

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Some news will never be trendy

Re: 'Texas mom rips off 6-year-old son's scrotum, tries to superglue it' (Metro, Oct. 25-27) I am horrified that included in the Top 3 of "What's Trending" you would put the blurb about the mother from Texas and what she did to her son. It's horrifying enough that it would be in your paper in the first place, but under the heading "What's Trending"? I cannot get that image out of my mind. **JUDITH C. MARCOVITCH, VIA EMAIL**

Puzzle needs the classics

Re: 'Nothing neat about puzzle word choice' (Metro, Oct. 25-27) You are kidding, right? So it's corny and passe. Latin is pretty passe nowadays, but there are often Latin answers — yet, you don't complain about the Latin. It is the letters in the answer that are

needed to fit into the puzzle that matters, not the modern relevancy.

JOHN PARISI, VIA EMAIL

What lies within NSA

The NSA stated ad nauseam that its main focus is tracking down individuals or organizations involved in possible terrorist plots. In its web of spying, it manages to catch: German Chancellor Angela Merkel, French President Francois Hollande, Brazilian President Dilma Rousseff and more high-profile individuals. The NSA is really suffering from a serious case of myopia. We can now anticipate White House spokesman Jay Carney to prevaricate that this is not taking place. One prevarication leads to more prevarication and that is "transparency."

CALVIN DAVIS, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Crossword

Across

- 1 W-2 collectors
- 4 VIP transport
- 8 Colorful parrot
- 13 Univ. marchers
- 14 Many a Norwegian king
- 15 Public sentiment
- 16 Basin companion
- 17 Star in Orion
- 19 Offhand
- 21 Santa — winds
- 22 Pull apart
- 23 Horsewhip
- 25 Nature's bandage
- 27 Slight cold
- 31 Talents
- 35 — Solo and Chewbacca
- 36 Vows venue
- 38 Brilliance
- 39 Party-tray cheese
- 41 Veered
- 43 Damsel rescuer
- 44 Charlie Brown's pal
- 46 Blackens
- 48 Grill, maybe
- 49 Pompeii art
- 51 Glittery trim
- 53 Driftwood bringer
- 55 Wished undone
- 56 Memsahib's nanny
- 59 Pamplona yell
- 61 — up (got ready)
- 65 Deep place in the ocean

(2 wds.)

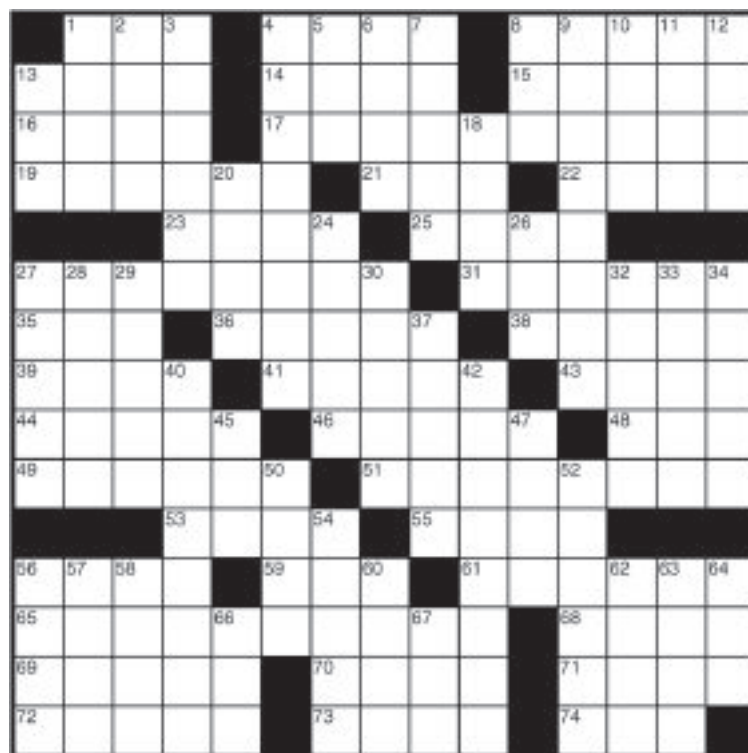
- 68 Junk food buys
- 69 Still in the game
- 70 Film, as of dust
- 71 Not orig.
- 72 Carried on about
- 73 Kitchen meas.
- 74 Decide

Down

- 1 Big Ten school
- 2 AAA suggestions
- 3 Nape
- 4 Type of pine
- 5 Dot in the Seine
- 6 First name in spying
- 7 Bakers' musts
- 8 Sticker stat
- 9 Ex-coach Red of the Celtics
- 10 Holmes' quest
- 11 Org.
- 12 Unwanted plant
- 13 — room (den)
- 18 Shortage
- 20 — Romeo
- 24 Japanese clogs
- 26 One in Glasgow
- 27 Closet nicety
- 28 Rock bottom
- 29 Banal
- 30 Cut timber
- 32 Laundered
- 33 Limestone rock formation

- 34 Feed the fire
- 37 Broadcast again
- 40 Essential thing (hyph.)
- 42 London pub offerings
- 45 Biol. or astron.
- 47 Fictional pirate
- 50 Hound's track
- 52 Slow, in music
- 54 Pick
- 56 Not quite shut
- 57 Address — Powers
- 58 Tel —
- 60 1960s space chimp
- 62 Haunches
- 63 Discharge
- 64 Summer hrs.
- 66 Amateur pro — Mack
- 67 Head warmer

Thursday's answer



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3

SPORTS

Watch online



Find video and recap of both the Jets-Bengals and Giants-Eagles games at: Metro.us/sports.

Jets humiliated by Bengals as defense falters

NFL. The secondary looked totally out of sorts in an ugly loss.

The Jets were riding high off the biggest win of the season over New England. But they got shot down from that high horse in Cincinnati.

The Bengals took it to the Jets early, marching 80 yards for a touchdown on their opening drive, and they never let up. The Bengals finished with a 49-9 victory to drop the Jets to 4-4.

We look at what went wrong:

1 Bad Geno
Geno Smith looked re-



The Jets will be seeing Marvin Jones dancing in their sleep. GETTY IMAGES

velatory in the second half against New England. No such good news in Cincinnati. Smith was downright awful the entire game. He was 20-of-30 for 159 yards and two interceptions.

2 Bruised run game
What happened to that bruising running game fronted by Chris Ivory and Bilal Powell? Ivory had 34 carries and 104 yards last week. You can't get much worse news than Matt Simms being your leading rusher. Ivory finished with six carries for 11 yards.

3 Secondary violations
The fear going into the game was tight ends Tyler Eifert and Jermaine Gresham would run wild on the Jets. Instead it was receiver Marvin Jones who had 122 yards receiving and four touchdowns — torching Dee Milliner.



MARK OSBORNE
mark.osborne@metro.us

Giants on a roll



Antrel Rolle had an interception and a strip-sack as part of a big defensive effort for the Giants. / GETTY IMAGES

Giants win ugly as special teams carry the day

The last time the Giants faced the Eagles, they lost to their backup quarterback. That wasn't to be the case this time, though, as they stifled their NFC East rival in a 15-7 win.

Big Blue was led by solid special teams play (save for a botched snap on a punt), as well as a defense that suffocated the Eagles' uptempo offense that began with Michael Vick at quarterback but finished with rookie Matt Barkley at

the helm.

"Not always pretty, but nonetheless our defense played superbly," head coach Tom Coughlin said.

Kicker Josh Brown accounted for all of the Giants' points on a career-best 5-of-5 on field-goal attempts, while punter Steve Weatherford nailed great directional punts all afternoon.

"We did settle for field goals, which we're going to have to look at," Coughlin said. "Two of those were touchdowns and this didn't have to finish quite as tight as it did."

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